



CSD POOL SCHEDULE 6 – LANE POOL



APRIL-MAY 2024

TIME	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY																							
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6																		
5A																																																												
6A													WATER WALKING & LAP SWIM												WATER WALKING & LAP SWIM																																			
8A	WATER WALKING & LAP SWIM												WATER WALKING & LAP SWIM												WATER WALKING & LAP SWIM																		All children 13 and under must be swim tested AND accompanied by a parent or guardian over 18 years old. Non-swimming children should be in arms reach of adult/guardian at all times or in a lifejacket. Non-potty trained children must have on a swim diaper AND swim diaper cover to enter the pool.																	
8:15A																																																												
8:30A																																																												
9A																																																												
9:15A													8:15am Aqua Board Yoga (1 hour)																																															
9:30A																																																												
10A																																																												
10:15A																																																												
11A																																																												
12P																																																												
1P																																																												
2P	WATER WALKING & LAP SWIM						WATER WALKING & LAP SWIM						WATER WALKING & LAP SWIM						WATER WALKING & LAP SWIM						WATER WALKING & LAP SWIM																																			
3:15P																																																												
3:45P																																																												
4P																																																												
4:15P	W W & L S	YMCA SWIM TEAM																																																										
5:30P																																																												
6:00P																																																												
6:50P																																																												
7:00P	W W & L S	YMCA SWIM TEAM																																																										
7:30P																																																												
8:00p																																																												
8:30P																																																												

LAP SWIM/OPEN SWIM

LANE CLOSED

POOL CLOSED

EXTRA LANE FOR CLASS



CSD POOL SCHEDULE 4 - LANE POOL



APRIL-MAY 2024

TIME	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5A					OPEN SWIM WATER WALKING & LAP SWIM								OPEN SWIM WATER WALKING & LAP SWIM								POOL CLOSED				All children 13 and under must be swim tested AND accompanied by a parent or guardian over 18 years old. Non-swimming children MUST be in arms reach of adult/guardian at all times or in a lifejacket. Non-potty trained children must have on a swim diaper AND swim diaper cover to enter the pool.			
6A																												
7:30A	8:05pm WATER AEROBICS (45 minutes)				8:05pm WATER AEROBICS (45 minutes)								8:05am WATER AEROBICS (45 minutes)				8:05am WATER AEROBICS (45 minutes)				8:05am WATER AEROBICS (45 minutes)							
8A																												
8:30A	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				9:00am WATER AEROBICS (45 minutes)							
9A																												
9:15A	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				YMCA SWIM LESSONS							
10A																												
10:15A	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				WW & LS							
11:15A																												
11:30A	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				YMCA SWIM LESSONS							
12P																												
12:45P	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				YMCA SWIM LESSONS							
1:30P																												
3:15P	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				YMCA SWIM LESSONS							
3:45P																												
4P	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				YMCA SWIM LESSONS							
4:30P																												
5P	11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:15am WATER AEROBICS (60 minutes)				11:00am WATER AEROBICS (45 minutes)				11:00am WATER AEROBICS (45 minutes)				YMCA SWIM LESSONS							
5:30P																												
6:45P	6:50pm WATER AEROBICS starts 4/8 (40 minutes)				7:15pm WATER AEROBICS (60 minutes)				6:45pm WATER AEROBICS (60 minutes)				7:15pm WATER AEROBICS (60 minutes)				YMCA SWIM TEAM				YMCA SWIM TEAM							
7P																												
7:15P	6:50pm WATER AEROBICS starts 4/8 (40 minutes)				7:15pm WATER AEROBICS (60 minutes)				6:45pm WATER AEROBICS (60 minutes)				7:15pm WATER AEROBICS (60 minutes)				YMCA SWIM TEAM				YMCA SWIM TEAM							
7:45P																												
8P	6:50pm WATER AEROBICS starts 4/8 (40 minutes)				7:15pm WATER AEROBICS (60 minutes)				6:45pm WATER AEROBICS (60 minutes)				7:15pm WATER AEROBICS (60 minutes)				YMCA SWIM TEAM				YMCA SWIM TEAM							
8:15P																												
8:30P	6:50pm WATER AEROBICS starts 4/8 (40 minutes)				7:15pm WATER AEROBICS (60 minutes)				6:45pm WATER AEROBICS (60 minutes)				7:15pm WATER AEROBICS (60 minutes)				YMCA SWIM TEAM				YMCA SWIM TEAM							

*Lap lane availability subject to change. The Y reserves the right to add or remove a lane at anytime.

LAP SWIM/OPEN SWIM

LANE CLOSED

POOL CLOSED

EXTRA LANE FOR CLASS