



FORT MILL YMCA COMPLEX

MARCH 2024 POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM	5:30 am – 8:00 am 9:00 am – 10:00 am 1:00 pm – 4:00 pm 6:00 pm – 8:30 pm	5:30 am – 9:00 am 1:00 pm – 4:00 pm 6:00 pm – 8:30 pm	5:30 am – 8:00 am 1:00 pm – 4:00 pm 6:00 pm – 8:30 pm	5:30 am – 9:00 am 1:00 pm – 4:00 pm 6:00 pm – 8:30 pm	5:30 am – 8:00 am 10:00 am – 5:30 pm	8:00 am – 4:30 pm	1:00 pm – 4:30 pm
PROGRAMS:							
DEEP WATER EXERCISE	8:15 am – 9:00 am 1 Lane Available		8:00 am – 8:45 am 1 Lane Available		8:00 am – 8:45 am 1 Lane Available		
AQUACISE		Aquacise 9:00 am – 10:00 am 1 Lane Available	Aquacise 9:00 am – 10:00 am 1 Lane Available	Aquacise 9:00 am – 10:00 am 1 Lane Available	Aqua Stretch & Tone 9:00 am – 10:00 am 1 Lane Available		
PRESCHOOL SWIM			10:00 am – 11:00 am Kiddie Pools Closed	10:00 am – 10:30 am Kiddie Pools Closed	10:00 am – 11:30 am Kiddie Pools Closed		
2ND GRADE SWIM	10:00 am – 1:00 pm All Complex Pools Closed	10:00 am – 1:00 pm All Complex Pools Closed	10:00 am – 1:00 pm All Complex Pools Closed	10:00 am – 1:00 pm All Complex Pools Closed			
GROUP LESSONS	4:00 pm – 5:10 pm No Lanes Available		4:00 pm – 5:10 pm No Lanes Available				
SWIM TEAM CONDITIONING	4:00 pm – 6:00 pm No Lanes Available	4:00 pm – 6:00 pm No Lanes Available	4:00 pm – 6:00 pm No Lanes Available		Beginning Monday, March 18th		
RAYS SWIM TEAM PRACTICE		4:00 pm – 6:00 pm No Lanes Available 6:00 pm – 7:30 pm 2 Lanes Available		4:00 pm – 7:30 pm 2 Lanes Available	5:00 pm - 5:30 pm 2 Lanes Available		

Please see reverse side for upcoming closures.

****This schedule is subject to change. Please call the Front Desk for the most up-to-date information at (803)-547-8439. Thank you for your patience.****

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MARCH 2024 POOL CLOSURES

Thursday March 7, 2024: Lanes 1 & 2 closed 2:30 pm - 6:00 pm

Saturday March 9, 2024: Complex Pool closed 9:30 am - 11:00 am

Saturday March 16, 2024: Complex Pool closed 10:00 am - 12:30 pm

Sunday March 24, 2024: Complex Pool closed 2:00 pm - 3:00 pm

**Please note the Complex pool and Kiddie Pools are not available for use from
10:00 am - 1:00 pm, Monday-Thursday, due to 2nd Grade Swim.**

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FORT MILL YMCA COMPLEX



MARCH 2024 FMAC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	*5:30 am – 3:00 pm	*5:30am – 3:00 pm	*5:30 am – 3:00 pm	*5:30 am – 3:00 pm	*5:30 am – 3:00 pm	*8:00am-4:00pm Limited Lanes Available	*1:00pm-4:00pm Limited Lanes Available

*Swim teams will have priority of lanes during their scheduled swim practices. Please be kind and make sure you schedule your lap swim **before** swim team practice. **Swim teams will practice some mornings in which limited lanes will be available** (lanes **may or may not** be available depending on the number of swim team participants).
If lanes are not available, please swim in the Complex Pool.*

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Please see other page for the Fort Mill YMCA Complex Pool Schedule.