

FORT MILL YMCA COMPLEX

JUNE 2023 POOL SCHEDULE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------|----------------------------|----------------------------|----------------------------|---------------------|----------------------------|-----------|-----------|
| OPEN SWIM | 5:30 am – 8:00 am | 5:30 am – 9:00 am | 5:30 am – 8:00 am | 5:30 am – 9:00 am | 5:30 am – 8:00 am | 8:00 am – | 1:00 pm – |
| | 10:00 am – 4:00 pm | 10:00 am – 4:00 pm | 10:00 am – 4:00 pm | 10:00 am – 4:00 pm | 10:00 am – 5:30 pm | 4:30 pm | 4:30 pm |
| | 6:00 pm – 8:30 pm | 6:00 pm – 8:30 pm | 6:00 pm – 8:30 pm | 6:00 pm – 8:30 pm | | | |
| PROGRAMS: | | | | | | | |
| DEEP WATER | 8:15 am – 9:00 am | | 8:00 am – 8:45 am | | 8:00 am – 8:45 am | | |
| EXERCISE | | | | | | | |
| AQUACISE | | Aquacise | Aquacise | Aquacise | Aqua Stretch & Tone | | |
| | | 9:00 am – 10:00 am | 9:00 am – 10:00 am | 9:00 am – 10:00 am | 9:00 am – 10:00 am | | |
| | | 1 Lane Available | 1 Lane Available | 1 Lane Available | 1 Lane Available | | |
| PRESCHOOL | 10:00 am – 11:30 am | 10:00 am – 11:30 am | 10:00 am – 11:30 am | | 10:00 am – 12:00 pm | | |
| SWIM | Kiddie Pools Closed | Kiddie Pools Closed | Kiddie Pools Closed | | Kiddie Pools Closed | | |
| GROUP | 10:00 am – 12:00 pm | 10:00 am – 12:00 pm | 10:00 am – 12:00 pm | 10:00 am – 12:00 pm | | | |
| SWIM | 3 Lanes Available | 3 Lanes Available | 3 Lanes Available | 3 Lanes Available | | | |
| LESSONS | | | | | | | |
| SUMMER | 1:30 pm – 4:00 pm | | | | | | |
| CAMP SWIM | 3 Lanes Available | | | | | | |
| SUMMER | 4:00 pm – 6:00 pm | 4:00 pm – 6:00 pm | 4:00 pm – 6:00 pm | 4:00 pm – 6:00 pm | | | |
| SWIM TEAM | NO LANES AVAILABLE | NO LANES AVAILABLE | NO LANES AVAILABLE | NO LANES AVAILABLE | | | |
| | *JUNE 12 – POOL | | | *JUNE 15 & 22 – | | | |
| | WILL CLOSE AT 4:00 | | | POOL WILL CLOSE AT | | | |
| | PM FOR A SWIM | | | 4:00 PM FOR A | | | |
| | MEET* | | | SWIM MEET* | | | |

** PLEASE NOTE: COMPLEX POOL WILL BE CLOSED FROM 8:00 AM FRIDAY, JUNE 16TH THROUGH CLOSE OF BUSINESS SUNDAY, JUNE 18TH FOR A PRIVATE MEET. **

Please see back side for Fort Mill YMCA Complex Pool Schedule.

This schedule is subject to change. Thank you for your patience.



FORT MILL YMCA COMPLEX

JUNE 2023 FMAC POOL SCHEDULE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------|---------------------|---------------------|---------------------|---------------------|---------------------|--------------------|-----------|
| LAP | *5:30 am- 8:00 am | *8:00am-4:00pm | *1:00pm- |
| SWIM | 4 Lanes Available | Limited Lanes | 4:00pm |
| | | | | | | Available | Limited |
| | 12:30 pm – 3:00 pm | | Lanes |
| | All Lanes Available | | Available |
| RAYS | 8:00 am – 12:30 pm | 8:00 am – 12:30 pm | |
| SWIM | 4 Lanes Available | 4 Lanes Available | |
| PRACTICE | | | | | | | |

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^{*}Swim team will have priority of lanes during their scheduled swim practices. Please be kind and make sure you schedule your lap swim **before** swim team practice. **Swim team will practice some mornings in which limited lanes will be available** (lanes **may/may not** be available depending on number of swim team participants). If lanes are not available, please swim in Complex Pool.